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## Writings Modern Spiritual

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reissue, 2003, ISBN  
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Thích Nhất Hạnh - Wikipedia  
When I ordered this book, I really expected a disorganized mix of Thich Nhat Hanh's writings and quotes...was I wrong. The book has quickly become one of my favorites...it has helped me understand many buddhist concepts I had a hard time understanding in only a few short pages.

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Ordained as a monk aged 16  
in Vietnam, Thich Nhat Hanh  
soon envisioned a kind of  
engaged Buddhism that could  
respond directly to the  
needs of society. He was a  
prominent teacher and social  
activist in his home country  
before finding himself

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From exile in France, Thich Nhat Hanh wrote to Brother Quang to encourage the workers during this dark time. Thay Nhat Hanh ("Thay," the form of address for Vietnamese monks, means "teacher") wished to remind them of the essential discipline of following one's breath to nourish and



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maintains calm mindfulness,  
even in the midst of

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Zen master, poet, monk and peace advocate, Thich Nhat Hanh is a Vietnamese Buddhist monk who has lived in exile in France for 30 years. Through his writings and retreats he has helped countless people of all religious backgrounds to live mindfully in the present moment, to uproot sources of anger and distrust, and to achieve relationships of love and understanding.

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Thich Nhat Hanh: Essential Writings (Modern Spiritual Masters Series) By Thich Nhat Hanh. Zen master, poet, monk and peace advocate, Thich Nhat Hanh is a Vietnamese Buddhist monk who has lived in exile in France for 30 years. Through his writings and retreats he has helped countless

An excellent collection of the writing of one of the foremost Buddhist monks. It will bring mindfulness, peace and self-understanding

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Presents a collection of the Vietnamese monk's writings selected from twenty-two of his books which focus on the Buddhist teachings of inner peace and mindfulness.

A Lifetime of Peace follows the successful model established by A Lifetime of Wisdom: Essential Writings by and about the Dalai Lama. It draws on dozens of sources to collect the very best writing by and about Thich Nhat Hanh, the revered Vietnamese Buddhist monk and peace activist. This timely

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collection is both a political and spiritual handbook which encompasses all of Thich Nhat Hanh's major themes—mindfulness, love, truth, compassion, and peace on earth. In 1967 Dr. Martin Luther King, Jr. nominated Hanh for the Nobel Peace Prize, citing the monk's lifelong efforts to encourage peace and reconciliation around the world. This important collection will not only present Hanh's writing about his experiences during the Vietnam War and excerpts from his journals, but also collect a range of other highlights, such as his advice for those entering

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into meditation practice and his unique insights into Buddhist and Christian theology. But above all, *A Lifetime of Peace* is a timely and thought-provoking examination of the nature of peace—both as an inner state of being and as a real condition in the world.

A treasury of writings and teachings from the beloved Zen teacher Thich Nhat Hanh. Since Thich Nhat Hanh's exile from his native Vietnam in 1966, this Zen Buddhist monk has gone on to become one of the most influential and beloved spiritual masters of our age. The seeming simplicity

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of his words belies the power of this teaching to touch the heart and mind and to inspire spiritual practice. These selections, taken from his many published works, together make up a concise introduction to all his major themes and distill his teachings on the transformation of individuals, relationships, and society. This book is part of the Shambhala Pocket Library series. The Shambhala Pocket Library is a collection of short, portable teachings from notable figures across religious traditions and classic texts. The covers in

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this series are rendered by Colorado artist Robert Spellman. The books in this collection distill the wisdom and heart of the work Shambhala Publications has published over 50 years into a compact format that is collectible, reader-friendly, and applicable to everyday life.

"Followers and newcomers to Nhat Hanh's teaching alike will find this collection inspiring for everyday practice and for social engagement in the world."—Publishers Weekly  
This collection of autobiographical and teaching stories from peace



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activist and Zen Master Thich Nhat Hanh is thought provoking, inspiring, and enjoyable to read. Collected here for the first time, these stories span the author's life. There are stories from Thich Nhat Hanh's childhood and the traditions of rural Vietnam. There are stories from his years as a teenaged novice, as a young teacher and writer in war torn Vietnam, and of his travels around the world to teach mindfulness, make pilgrimages to sacred sites, and influence world leaders. The tradition of teaching the Dharma through stories goes back at least to the

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time of the Buddha. Like the Buddha, Thich Nhat Hanh uses story-telling to engage people's interest so he can share important teachings, insights, and life lessons.

By a renowned Buddhist monk and best-selling author, this guide offers simple daily practices--including mindfulness of breath, mindful walking, deep listening, mindful speech, and more--to help readers discover the happiness and freedom of living in the present moment.

Bringing the energy of true presence into our lives really does change things

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for the better—and all it takes is a little training. This treasury of 365 gems of daily wisdom from one of the most beloved Buddhist teachers of our age is a help and support for anyone who wants to train to meet every moment of life with 100 percent attention. Thich Nhat Hanh shows how practicing mindfulness can transform every area of our lives—and how its benefits radiate beyond us to affect others and the whole, larger world.

Thich Nhat Hanh, His  
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Whosananda, Charles Johnson, Bhikkhu Bodhi, Matthieu Ricard, and many others are featured alongside each other in this foundational trove of Buddhist essays, poems, and teachings. Now a modern classic, True Peace Work is the premier collection of writings on the practice of Engaged Buddhism, a term that Zen Master Thich Nhat Hanh coined in the 1960s as part of his peace work in Vietnam that has grown to become a worldwide movement. The topics covered here are especially relevant in today's world: from creating nonviolent social change, to raising climate awareness,

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to simply learning how to  
walk (and enjoy it). This is  
not purely an activist's  
manual, however. True Peace  
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timely, one that insists on  
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